

**DECEMBER 22, 2016**

**TITLE:** Physical Therapist

**DEPARTMENT:** Albright LIFE

**SUPERVISOR:** Program Director

**SHIFT:** 8:00am – 4:30pm

Part time 24 hours/week

**LOCATION:** LIFE Lycoming

**BRIEF DESCRIPTION:** Implements, with minimal supervision, high quality physical therapy (PT) services/wellness programming for participants in accordance with the principles and practices of physical therapy and with Albright LIFE policies and procedures, both in the Day Center and at participant homes as necessary. Provides education to participants/caregivers. Develops treatment and discharge plans, supervises physical therapy assistants, and adheres to applicable state regulations concerning PT.

**PRIMARY RESPONSIBILITIES:**

- Screens all Albright LIFE participants for potential service needs; evaluate/treat all participants who may benefit from intervention, establishing realistic treatment goals for participants who need PT; optimize functional abilities/skills of participants in the Albright LIFE program; provide quality care as well as reasonable goals/outcomes within guidelines.
- Embrace the team concept and interdisciplinary care in the LIFE Program environment. Participate as an active member of the interdisciplinary team, determining the PT goals of the care plan; monitors the participant's progress toward goals; accurately documents in the medical record in accordance with LIFE procedures; and, works closely with the Program Director and Director of Quality Assurance to monitor key benchmarks for PT services.
- Assesses participants in the hospital or nursing home, and, in conjunction with the IDT, formulates a plan for an efficient discharge to home.
- Provides physical therapy to participants in the home as necessary. Provides education to participants and caregivers in the day center and in the home as necessary.
- In conjunction with the Occupational Therapist, orders, maintains and names/labels participant assistive devices, such as, walking aids and other appliances.
- Acts as treatment consultant/advisor on transportation and mobility techniques, as well as relevant methods of PT treatment.
- Effectively communicates participant status and needs to the participant, the participant's family, the staff, and other professionals as appropriate.
- Provides direct supervision of Certified Physical Therapy Assistant's (PTA's) and Rehab Aides in tasks during group and individual treatment in a manner that promotes appropriate utilization of resources and facilitates continued development of clinical skills in accordance with Commonwealth Practice Acts.

**QUALIFICATIONS:**

- Must be a graduate of a physical therapy curriculum approved by one of the following: a) The American Physical Therapy Association; b) The Committee on Allied Health Education and Accreditation of the American Medical Association; c) The Council on Medical Education of the American Medical Association and the American Physical Therapy Association; or, d) Other organization approved by the Secretary of CMS.
- Possess a valid Physical Therapy license in Commonwealth of PA and one year experience with a frail or elderly population.
- Effective clinical problem solving skills (e.g., identify and prioritize issues in responsive manner, develop sound and innovative action plans, execute action plans on timely basis, ensure appropriate results, etc.).
- Must be capable of easily lifting twenty five (25) pounds of dead weight alone. Must be able to push, pull wheeled equipment.
- Must possess a valid Pennsylvania drivers license and acceptable driving record. Daily travel required in service area.

**PHYSICAL DEMANDS:**

- Lift patients using appropriate biomechanical techniques frequently throughout the course of a work day/shift.
- Fine motor skills for legible and accurate writing and computer generation of reports, charting, scheduling, daily correspondence and presentations, and for effective and efficient handling of diagnostic or therapeutic equipment.
- Walks and Stands 80%, Sits 20%